

“Too often women short change themselves in their choices. They choose based on what others will think, or expect, or what they have time for. Join me and learn how to make clear choices for yourself. I believe a happier energised you, is beneficial to all.” —Shar



Learn how to make more **Powerful Choices** to achieve and experience what you **Really Want!**

Most women place a high priority and desire to experience their life as being integrated, harmonious and whole. Many admit they don't experience this as their reality.

Do you ever feel like you're;

- Not living the life you promised yourself?
- Juggling too many balls and failing to keep up?
- Stuck on the same treadmill
- Lacking enthusiasm a sense of excitement, meaning or inspiration?
- Compromising your relationships with those you love?
- No longer aware of what you really want?
- Stressed from looking after others and leaving yourself feeling exhausted and empty?
- Feel like there is more potential available to you in your life yet your not sure how to access it.

If you can relate to one or all of these and you are not happy about that, you are not alone! You can choose today to do something about it, forever

Being a business women, mother and wife I understand how complex a women's life can be and am committed to supporting women to make lasting change's through my simple, fast and effective program. Make now the right time to make the changes you want in your life. When you make clear choices: YOU WILL....

- **GET CLARITY** on what you intuitively know is absolutely most important to you.
- **BECOME STRONG AND CONFIDENT** in making choices that support you to experience what's most important to you, without sacrificing your desire to serve others.
- **RECONNECT** with your sense of vitality and direction
- See how you can **CREATE MORE MEANING** in your work and life

Fill out the enrolment form today and join me on my next Clear Choices programme or if you would prefer email me about my Clear Choices **ONE ON ONE MENTORING SESSIONS** to re-ignite your passion, fun and vitality and reconnect with the true You.



Shar Henderson

Clear-Choices Founder
& Lead Mentor

Shar is an accomplished woman. An author, managing director of an international consulting business, a professional axiologist/values mentor and a mother, in a modern family with three teenagers,(two sons and a step daughter.) Shar is a 2nd Dan in martial arts and a founding member and lead co-ordinator of the "How to build a Village" project. She is also one of the few female Thought Leader Partners, her hobbies include feldenkrais, calligraphy art and music.

"I am passionate about women becoming clear about what they really want from their life and knowing how to manifest this for themselves. This unique program delivers that in a way that acknowledges their individuality and supports them to be strong confident and of course happy."

—Shar

The Three Clear Choices Principles!

The past does not exist. You can't show me your past only what you have brought with you from your past....right?

Know the most important thing!
For those who know what's most important the choice is clear.

Possibility exists NOW! You can choose to be your own possibility NOW!

REGISTRATION & PAYMENT

PAYMENT REQUIRED TO CONFIRM BOOKING.
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CONTACT DETAILS

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OR OR SCAN AND EMAIL TO SHAR@CLEARCHOICES.CO.NZ